

**Name:** Frank G. Dowling, MD, Suffolk

**Pronouns:** They/Them/Theirs

**Candidate for:** AMA Delegate

**Prior positions/experience:**

-Assistant Treasurer, 2016 to 2017

-Secretary 2017-2022

-Assistant Treasurer 2022-2025

-Councilor, 2010 to 2016

-AMA Delegate/Alt 2014 to Present

-Member, AMA Task Force on Pain Care and Substance Use, 2015-Present

-Member, AMA LGBTQ\* Advisory Committee, 2019-2023, Vice Chair 2020-2021, Chair 2021-2022, Immediate Past Chair 2022-2023

**Medical School:** Renaissance School of Medicine at Stony Brook

**Residency/Fellowship:** Univ Hosp Stony Brook, Psychiatry Residency, 1989-1993

**Specialty:** Psychiatry and Addiction Medicine

**Hospital Affiliations:** St Catherine of Siena Medical Center

**Practice Type:** Direct Patient Care – Small Group Practice

**Board Certification:** Psychiatric Medicine (ABPN), Addiction Medicine (ABPM)

**Faculty Appointment:** Associate Professor, SUNY at Stony Brook Renaissance School of Medicine

**Candidate Statement:**

I am grateful for the opportunity to be nominated for one of the MSSNY AMA Delegate Positions, and for the opportunity to continue to represent NY physicians and medical students. Over the years I've had the privilege to be an active participant on several MSSNY Committees (including Emergency Preparedness, Addiction and Psychiatric Medicine, Preventive Medicine and Family Health, Legislation and Physician Advocacy, Health Equity, Physician Wellness and Resilience, and others) and continue to serve on MSSNY's Delegation to the AMA, the AMA Task Force on Opioid Abuse and now the AMA LGBTQ Advisory Committee. In addition, I have remained active in the New York State Psychiatric Association and New York State Society of Addiction Medicine, particularly with legislation and advocacy issues. I've been working actively to address inequities in healthcare, for our patients, and in medicine, for our physician and student colleagues. As always, I have prioritized patients and MSSNY physicians and students as I have worked for you and with you to develop policies and take actions to support and protect students and docs in NY, work towards timely access to quality care for all and to eliminate inequities for our patients and ourselves.

Some examples of how I have been privileged to work with and for you include:

-driving force behind MSSNY P2P program, so that we can provide peer support for students and docs throughout NY State, and confidential referrals for treatment when needed

- spear headed the effort to improve and pass the bylaws resolution passed at 2022 HOD that resulted in two new Sections, the IMG and Minority Affairs Sections each with Councilor and 1-3 Delegates to the MSSNY HOD
- partner with women in leadership to move forward a resolution to create a Womens' Physician Section of MSSNY, to be voted at this 2024 HOD
- writer and team leader of multigroup sponsored resolution to AMA HOD that pushed back against the 2016 CDC guideline for prescribing opioids for pain, calling for individualized care in pain management, that docs should not be punished for providing such care, which ultimately resulted in the revised guidelines published by the CDC in 2022
- writer of resolution that resulted in AMA CEJA revising the Code of Ethics section on how to assist a doc who may have a psychiatric or substance problem, to state clearly that when a doc is mandated for an assessment, the assessment must be conducted by someone who is independent of the entity requiring the assessment, such as an employer, a training program, hospital administration
- significant influence on the fast rollout of the emergency telehealth regulations early during the COVID pandemic, keeping practices open, giving patients safer access to needed medical and mental health care (you could see several bullet points developed by me that were passed through MSSNY and AMA sources to federal regulatory agencies involved)
- with MSSNY staff, writer of resolution sent to AMA that resulted in the development of the AMA Center for Health Equity
- protecting docs with mental health or substance use disorders (writer of resolution to MSSNY and AMA affirming that a student/doc must not be presumed impaired because of a substance use disorder diagnosis or for choosing Medication for Addiction Treatment as recommended by their personal physician)
- writer, co-writer or collaborator on many resolutions to address public health issues including access to care, protection of patient-physician treatment decisions, mental health, developmental and substance use disorders, respiratory illnesses, vaccines, preventing hospital closures in minoritized communities, protecting physicians right to make decisions in best interests of their patients, and others (partners and collaborators in each district of MSSNY)
- writer or co-writer of several presentations for MSSNY VMHTI (Veterans Mental Health Training Initiative), providing CME for docs to be more able to assist veterans with PTSD, TBI, SUDs as a result of their volunteering to serve
- Wherever you are from in NY State, I have had the privilege to collaborate in meaningful ways with you or your local colleagues

Thank you for considering me as a candidate for Assistant Treasurer. In seeking re-election, I hope that I may be able to continue to work with you to address inequities, to protect the patient-physician relationship, to preserve patients' and physicians' autonomy and the practice of medicine. In addition, I hope to continue to share experiences and lessons learned to facilitate the growth and development of students, training physicians, and young physicians as you seek

to shape MSSNY and AMA policy and actions and rise as leaders in organized medicine.