# ENVIRONMENTAL HEALTH CHALLENGES IN 2024: EXTREME HEAT, MICROPLASTICS, AND THE FUTURE OF SUSTAINABLE HEALTHCARE

TUESDAY, OCTOBER 29, 2024, 6:00 TO 7:30 P.M.

## REGISTER HERE

#### Learners will be able to:

- Discuss extreme heat, its health effects (e.g., heat stroke), exacerbation of chronic conditions, and medications that affect heat tolerance.
- List vulnerable populations, including those with limited access to cooling.
- Recognize microplastic health risks on major organ systems and potential long-term effects.
- Implement strategies to reduce patient microplastic exposure, focusing on common sources and lifestyle changes.
- Incorporate climate change and environmental health into clinical care to improve outcomes.
- Define healthcare sustainability and assess hospital sustainability.
- Identify reliable climate change information and how physicians can advocate for environmental health.
- Understand occupational and environmental medicine and ACOEM's role in workforce preparedness and sustainability.

### MEET THE MODERATORS



DR. STEVEN MANDEL

Clinical Professor of Neurology, Zucker School of Medicine at Hofstra/Northwell



DR. JILL BARON

Clinical Assistant
Professor in the
Department of Family
Medicine, Stony Brook,
Visiting Attending, Icahn
School of Medicine at
Mount Sinai

### MEET THE SPEAKERS



**EMILY J. SENAY** 

Associate Clinical Professor, Department of Occupational Medicine, Epidemiology and Prevention, Northwell Health Queens World Trade Center Health Program, Zucker School of Medicine at Hofstra/Northwell



DR. MANIJEH BERENJI

Chief of Occupational Health at VA Long Beach Healthcare System



DR. THERESA CULLEN

The Public Health Director of Pima County, AZ