

**Physician Wellness and Resilience**  
**May 31, 2024, 7:30-9:00 am**  
**Meeting Minutes**

**Present**

Donald Moore, MD  
Jeffrey Selzer, MD  
Prasad Gudavalli, MD  
Janine Fogarty, MD  
Steven Mandel, MD  
Penny Stern, MD  
Maria Basile, MD  
Harini Sarva, MD  
Brian White, MD  
Amy Koreen, MD  
Carmen Rodriguez, MD  
Ani Bodoutchian, MD  
Frank Dowling, MD  
Renat Sukhov, MD

**Guest**

Jerome Cohen, MD  
David Jakubowicz, MD

**Excused**

Michael Privitera, MD

**Absent**

Reginald Knight, MD  
Anthonette Desire, MD  
Ernesto Molmenti, MD  
Jagdish Gupta, MD  
Sanjey Gupta, MD  
Parag Mehta, MD  
Luiz Zapata, MD  
Sunny Yoo, MD

**MSSNY Staff**

Thomas Lee, MD, EVP  
Terry Bedient, Director CPH  
Pat Clancy, Sr. VP Managing Director,  
Public Health and Education  
Emily Rento, Public Health Associate

**1. Welcome New Committee Members**

Dr. Donald Moore began the meeting by welcoming everyone and introducing himself, followed by the rest of the committee members.

**2. Approval of the October 20, 2023 Meeting Minutes**

There was unanimous approval of the October 2023 meeting minutes.

**3. Peer to Peer and Women Physicians Leadership Academy**

Ms. Rento gave an update on the Peer to Peer program. Since MSSNY began offering this program, there has been a total of 26 reach-ins from physicians, residents, and medical students. Since the last physician wellness meeting, there was a peer training session for 28 students at NYITCOM. Ms. Clancy mentioned that a future peer training session has not been scheduled yet. She also mentioned that the P2P program is seeking grant funding for enhanced marketing. Dr. Selzer mentioned that he recommends an increase in promotion of the program. Other committee members agreed that this program is very beneficial and needs to be utilized more frequently. A motion was made to increase the marketing and promotion of the P2P program, all committee members were in favor of the motion.

Ms. Rento gave a summary of the Women Physicians Leadership Academy, a series of 6 educational webinars for physicians, residents, and medical students. Participants can earn up to 18 CME credits, and all sessions are

24 now available on the MSSNY CME website. Ms. Clancy mentioned that the  
25 WPLA will hopefully continue in the Fall of this year.

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#### 27 **4. Senior Section Committee of the AMA**

28 Dr. Steven Mandel mentioned that New York State is one of the few states  
29 that does not have a senior section. He has spoken to other physicians, and  
30 they are interested in establishing a group for senior physicians, retired  
31 physicians, or semi-retired physicians who are facing issues. He asked the  
32 committee members for support regarding establishing a connection for  
33 senior physicians.

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35 Dr. Mandel spoke about physician substance use disorder and mentioned that  
36 he participated in 2 programs this past year that had over a thousand  
37 registrants. These programs focused on addiction, addiction in the workplace,  
38 and physician addiction. Dr. Mandel also informed the committee of a  
39 program he put together with ACOM on environmental medicine. If any  
40 committee members would like to sign up, the link was included in the  
41 MediaFire.

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#### 43 **5. Committee Discussion on Future PW Issues**

44 Dr. Brian White mentioned the importance of focusing the structural issues,  
45 for example what is causing physicians to become burnt out. He recommends  
46 this topic to stay on the PW agenda. He also informed the committee of the  
47 idea of a special interest group, something that is beneficial to physicians  
48 mental health and wellness. Dr. Selzer recommended, for a future meeting,  
49 that the committee discusses advocating for the data on physician  
50 engagement and burnout be public and advertised.

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#### 52 **6. Adjournment**