



# THE EXPOSOME & OUR HEALTH: WHAT PHYSICIANS & PATIENTS NEED TO KNOW

Tuesday October 28, 2025, 6:00 TO 7:30 PM

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## Learning objectives:

- Define the exposome and explain how it differs from traditional single-exposure models of disease
- Apply the exposome framework to personalized prevention and management of inflammatory bowel disease (IBD)
- Define plastics and microplastics and discuss associated health risks and potential neurological impacts.
- Describe the mental health effects of climate change and identify strategies and behavioral interventions to enhance resilience.

## MEET THE MODERATORS



STEVEN MANDEL, MD

Clinical Professor of Neurology, Zucker School of Medicine at Hofstra/Northwell



JILL BARON, MD

Clinical Assistant Professor in the Department of Family Medicine, Stony Brook, Visiting Attending, Icahn School of Medicine at Mount Sinai

## MEET THE SPEAKERS



MANASI AGRAWAL, MD, MS  
Asst. Professor of Medicine, Icahn School of Medicine, Gastroenterologist at Mt. Sinai Hospital, with a focus on IBD.



MANIJEH BERENJI, MD  
Chief of Occupational Health at VA Long Beach Healthcare System.



DAVID DAVIS, PhD, DABT  
Research Associate Professor, Dept. of Neurology, University of Miami Miller School of Medicine.



CRAIG KATZ, MD  
Clinical Professor of Psychiatry, Medical Education, and System Design and Global Health, Icahn School of Medicine at Mount Sinai.