

Quotes from Participants

“As a result of being in CPH, I’ve passed my boards, I hold a full-time position, and I’ve helped other doctors get into recovery. It would have never happened without CPH.”

“Contrary to my expectations, with CPH’s help, I can now control my anger at work and get along well with my colleagues. What a change!”

“Because of CPH, my kids have never seen me drunk. That’s been one of the best rewards of my recovery.”

“At first I resisted going to CPH. Now, in my recovery, I’m helping other doctors.”

Quotes from Referents

“I was afraid to refer my practice partner to CPH. I thought he’d never speak to me again. Now not only are we great friends, but our practice has tripled in size since his recovery.”

“As the wife of a physician, I’d say, ‘Don’t hide and suffer as long as I did. Referring my husband to CPH saved our family.’”

CPH PHILOSOPHY

CPH exemplifies the medical profession’s long-standing tradition of concern for colleagues who are suffering from disorders that could impair their health and ability to practice medicine.

The CPH program recognizes that mental illness, substance abuse and chemical dependency are diseases that can be successfully treated.

Compassionate intervention can help save an individual’s career and possibly his or her life. The program is non-judgmental, confidential, and supportive of individuals who may or may not be able to help themselves.



The Committee for Physician Health
is a Division of the Medical Society of
the State of New York.

**COMMITTEE
FOR
PHYSICIAN
HEALTH**

Powerful Advocacy for Physicians at Risk



A Division of the Medical Society of the State of New York

**A MESSAGE OF HOPE
A TRADITION OF CARING**

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WHO WE ARE

The Committee for Physician Health is committed to promoting quality medical care for the physician. This may include the physician, medical student or physician assistant who is having consistent difficulty in professional relationships, misusing, abusing or dependent upon substances, or suffering from an undiagnosed or inadequately treated psychiatric disorder.



An undiagnosed psychiatric, substance abuse or stress disorder affects the personal, social and work relationships long before it becomes so pervasive as to affect a physician's care towards patients. The physician suffers, often in isolation, with a depressive, anxiety, substance use or personality disorder that compromises personal, social and work relationships. Long work hours often preclude the physician from taking time off to tend to personal health. Commonly, the public, healthcare workers and even other physicians expect unwavering energy and stability from a physician. Stress and overwork may be compensated by self-prescribing with alcohol or other substances that eventually lead to addiction. The physician may begin to behave impulsively, inflexibly or even irrationally. This is the time that concerned co-workers and families can seek advice and assistance from the Committee for Physician Health.

TO SCHEDULE AN OUTREACH OR CME PRESENTATION

Please contact

Judy Schworm at (518) 436-4723 ext 210

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MISSION STATEMENT

To promote quality medical care by offering non-disciplinary, confidential assistance to physicians, residents, medical students and physician assistants suffering from substance abuse and other psychiatric disorders.

Top Reasons to Refer

- Medical Staff complaints
- Lateness, absenteeism
- Alcohol on breath
- DWI
- Depression/anxiety/mood swings
- Medication diversion
- QA/Malpractice problems
- Deterioration of clinical performance
- Unavailable while on call

Tel. (800) 338-1833 (NYS)

Tel. (518) 436-4723

CONFIDENTIAL ADVICE AND ASSISTANCE

Physicians are provided with confidential advice and referrals to professionals and institutions with expertise in the evaluation, treatment and monitoring of the well-being of physicians. The Medical Director is involved at every level of the participant's evaluation, recommendations and monitoring for progress in treatment. Experienced and professional clinically-trained CPH staff monitor the physician's progress through treatment in order to promote optimum personal and therefore, professional health. If requested, we act as an advocate to:

- ♦ Medical School Programs
- ♦ Residency Programs
- ♦ Hospitals
- ♦ 3rd Party Payers
- ♦ State Authorities
- ♦ Licensing Boards
- ♦ Professional Misconduct Panels

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Visit us on the web at:

www.cphny.org